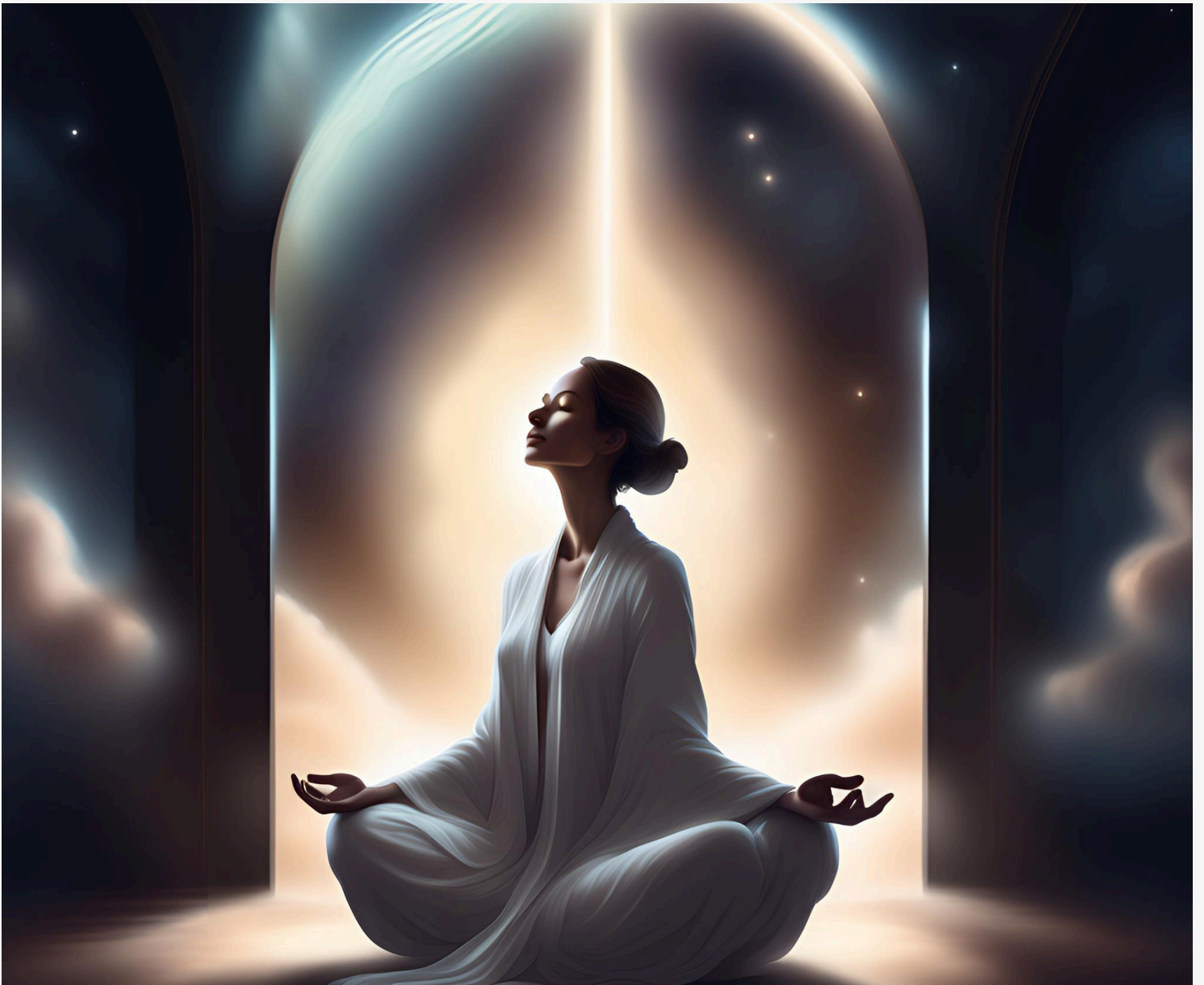


Galact Akashic Readings  
with Sandra Om

# Starseed or Earthseed? A Soul-Origin Guide

A guide + checklist that will activate your knowledge



# What is a Starseed?

Starseeds are souls whose origin or strong soul memory comes from other star systems and who incarnated on Earth to assist in planetary evolution.

Core traits :

- Feel “not from here”
- Deep connection to the cosmos
- Sensitive nervous system
- Strong mission-oriented soul
- Difficulty adapting to dense systems (money, politics, hierarchy)

Purpose: Anchoring higher frequencies, remembrance, grid work, consciousness expansion.



# What Is an Earthseed?

Earthseeds are souls deeply rooted in Gaia, often incarnated many times on Earth, here to stabilize, nurture, and hold structure.

Core traits:

- Strong body presence
- Deep connection to nature
- Natural caregivers, builders, healers
- Practical wisdom
- Grounded, resilient nervous system

Purpose: Holding Earth's frequency, anchoring stability, embodiment, lineage healing.



# Remember...

There is no hierarchy between being a starseed or an earthseed.

One is not more evolved, more spiritual, or more important than the other. They are simply different expressions of consciousness serving different functions on Earth at this time.

Many souls are also hybrids, carrying both galactic memory and deep Earth embodiment. Hybrids often feel pulled between the stars and the soil, between expansion and grounding, and their role is to bridge worlds—translating higher frequencies into lived, embodied wisdom.

Your soul origin is not a label to separate you from others, but a language to better understand how your energy naturally serves the collective.

# Starseed Checklist

Mark the ones that feel true in your body, not just your mind.

1. I've always felt like Earth doesn't fully feel like home
2. I feel emotionally or energetically overwhelmed easily
3. I have a strong fascination with the stars or other dimensions
4. I feel I came here with a mission
5. I struggle with rigid systems and authority
6. I feel called to help humanity awaken
7. I often feel misunderstood or "too much"
8. I receive intuitive downloads or sudden knowings
9. I feel nostalgic for places I've never been
10. I feel activated by galactic or cosmic language

👉 7-10 = strong starseed resonance

# Earthseed Checklist

1. I feel deeply connected to nature and the land
2. I feel at home on Earth
3. I have strong ancestral or lineage ties
4. I feel safe in my body
5. I naturally ground others
6. I'm practical and resilient
7. I prefer embodied spirituality
8. I feel called to nurture or protect
9. I hold space calmly in crisis
10. I feel aligned with cycles, seasons, and rhythms

👉 7–10 = strong earthseed resonance

# Your Soul Origin Alignment QUIZ

Choose A or B

- When overwhelmed, you:
  - A) Want to escape to another dimension
  - B) Want to go barefoot on the earth
- Your spirituality feels more:
  - A) Cosmic and multidimensional
  - B) Ancestral and embodied
- Your biggest challenge:
  - A) Staying grounded
  - B) Expanding beyond the physical

👉 Mostly A = Starseed

👉 Mostly B = Earthseed

👉 Balanced = Hybrid

Your soul origin is not a label — it's a frequency." To truly understand your soul's journey, contracts, and mission, your Akashic Records hold the answers.

Open Your Records & Remember Who You Are  
Book Your Galactic Akashic Reading here 👉

<https://www.gangamaahealing.com/gar>